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The Perth Amboy Athletic Department is excited to announce that the road to reopening our athletic programs are underway. I wanted to take this opportunity to thank all families and student-athletes for the patience and fortitude exhibited throughout these challenging times. Although we are expected to return to action soon, it is vital that we continue to practice all recommendations issued by our local governing bodies to open safely. The Perth Amboy School District is expected to reopen Athletics in a modified format on July 27, 2020, under the guidance and recommendations issued by the New Jersey State Interscholastic Athletic Association and the New Jersey Department of Health. Please visit links below for more information concerning Executive Orders and protocols that are mandated in preparation to reopening athletics

- <https://nj.gov/infobank/circular/eocc156.pdf>
- <https://nj.gov/infobank/eo/056murphy/pdf/EO-149.pdf>
- <https://www.njsiaa.org/sites/default/files/document/COVID-19%20Phase%201%20Memo.pdf>

In preparation for the reopening of athletics, the following state approved forms can now be **downloaded online through the www.paps.net website** ; accessed in the **Athletics/Health Services tab**. Reminder that all physical forms must be completed and submitted prior to participating on the opening date of July 27, 2020. Below is a list of documents that are required prior to participation under the NJSIAA Phase 1 protocols:

Screening form must complete daily prior to every workout

<https://www.njsiaa.org/sites/default/files/document/COVID-19%20Screening%20Questions.pdf>

Questionnaire form must be completed and handed in prior to opening workout

<https://www.njsiaa.org/sites/default/files/document/COVID-19%20Questionnaire.pdf>

All families who wish to move forward with acquiring a physical through their own private physician, please download the following documents which can be found on the Athletic website. Hard copies will be made available on predetermined sites throughout the district.

The following dates for free physicals for all student-athletes who wish to participate in the **Fall season only** are as follows:

Physical Dates

| Location | Date/Time |
|----------------------------------|---|
| Dr. Herbert N. Richardson School | Saturday, July 11, 2020 9am-12pm Wednesday, July 15, 2020 – 10am-1pm Saturday, July 18, 2020 – 9am-12pm Wednesday July 22, 2020 – 10am-1pm |

Physical Forms Distribution Locations

| Location | Dates | Time |
|--------------------------|-------------------------|--------------|
| Rose M. Lopez School | Monday-Wednesday-Friday | 830am-1130pm |
| Robert N. Wilentz School | Monday-Wednesday-Friday | 830am-1130pm |
| PAHS Main Campus | Monday-Wednesday-Friday | 830am-1130pm |

Physical Forms Collection Location

| Location | Date/Time |
|----------------------------------|---|
| Dr. Herbert N. Richardson School | Saturday, July 11, 2020 9am-12pm Wednesday, July 15, 2020 – 10am-1pm Saturday, July 18, 2020 – 9am-12pm Wednesday July 22, 2020 – 10am-1pm |

All State approved Physical Forms must be completed prior to participating on any school related athletic teams:

- Pre-Participation Physical Evaluation Form (PPE)
- Pre-Participation Physical Evaluation Form (translated version)
- Health History Update Form
- Sudden Cardiac Death Pamphlet
- Sudden Cardiac Death Pamphlet Sign-off
- Eye Injuries Fact Sheet
- Concussion Fact Sheet & Consent Form
- Opioid Use & Misuse Fact Sheet
- Opioid Use & Misuse Fact Sheet (translated version)
- Opioid Sample Sign-Off

Opioid Sample Sign-off (translated version)
NJSIAA Steroid Testing Policy
NJSIAA Banned Drug List 2019-20