



Nephtaly Cardona  
 Director of Athletics, Health and Physical Education (9-12)  
 Perth Amboy Public Schools  
 300 Eagle Avenue  
 732-376-6030 Ext. 23-408  
[nephcardona@paps.net](mailto:nephcardona@paps.net)

The Perth Amboy Athletic Department is happy to announce the official reopening of Spring athletics for all outdoor sports, which is set to begin on March 26, 2021. The Perth Amboy School District is committed to following all guidelines and protocols under the guidance of the CDC, NJDOH, NJSIAA and the state of New Jersey, to ensure optimal safety for all student-athletes and staff. Please note, that all student-athletes must complete a physical examination and maintain academic eligibility in accordance with the mandates under the NJSIAA to participate in any spring sport offered for the upcoming season. As we begin to transition into the reopening of spring sports, it is important to know that the athletic department will look to monitor and assess the existing landscape throughout the course of the season and will continue to reassure that the overall welfare and safety of our athletic community remains our highest priority. As the athletic director of beloved Perth Amboy High School, I want to take this time to thank everyone for your patience and perseverance throughout these uncertain times, as we prepare for another successful competitive season that will showcase the many talents of our student-athletes both on and off the field of play. As a reminder, it is important that we continue to practice social distancing, and the use of masks to reach our goal of successfully reopening and completing the season safely. In closing, I look forward to working with everyone throughout the season as we gear up for another meaningful and rewarding experience through athletics. Please continue to follow the athletic website for up-to-date information concerning important dates and news throughout the season.

Sport	Practice Start	Competition Start	Competition End
Boys Tennis	March 26	April 19	June 20
Golf	April 1	April 9	June 20
G/B Track and Field	April 1	April 19	June 20
Baseball	April 1	April 19	June 20
Softball	April 1	April 19	June 20
Sailing	April 1	April 19	June 20

## **Spring Athletics \*\*Announcement\*\***

### **Sports Physicals**

**Physical Form Pick Up** - Please pick up a physical form at the Richardson School (318 Stockton Street)

Monday – Friday 9:00AM – 3:00PM & Saturday 9:00AM to 1:00PM

### **FREE Physical Dates/Times (FIRST COME, FIRST SERVE)**

Monday March 8<sup>th</sup> 3:30PM – 6:30PM

Wednesday March 10<sup>th</sup> 3:30PM – 6:30PM

Monday March 15<sup>th</sup> 3:30PM – 6:30PM

**Physical Forms Due** - Anyone handing in a sports physical by a private physician, please drop off your physical at the Richardson School (318 Stockton Street) during the dates/times listed below:

Monday March 8<sup>th</sup> 3:30PM – 6:30PM

Wednesday March 10<sup>th</sup> 3:30PM – 6:30PM

Monday March 15<sup>th</sup> 3:30PM – 6:30PM

Saturday March 20<sup>th</sup> 9:00AM – 1:00PM