

Mr. Nepthaly Cardona Mr. Matthew Wechter

Director of Athletics, Health, Head Coach

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Dear Parents,

Welcome to Girls Soccer at Perth Amboy High School! We are looking forward to a great year with you and your children!

**Goals and Expectations:**

* All members of the Perth Amboy Girls Soccer team are expected to be competent and hard working students. Team members are expected to maintain an appropriate GPA throughout the school year.
* All team members are expected to have a positive attitude and a positive work ethic. Team members are expected to be at practices and games on time and ready to learn regardless of our win/loss record. We are only as strong as our weakest link!
* All team members are expected to be good role models in their communities. Team members should conduct themselves in a respectful manner and be ready and willing to assist their community. Team members should be someone people look up to.

**Games/ Practices/ Academic Hours Schedule:**

* Game Day Schedule: 4:00/4:30 start time, return to PAHS between 6:30 and 7:00
* Late Game Schedule: 6:00/7:00 starts, return to PAHS by 9:00
* Saturday Game Schedule: 9:00 report time, 11:00 game, return to PAHS 1:00
* Practice Day Schedule 1: Study hall 3:30-4:30, practice 4:45-6:30, return to PAHS 6:45
* Practice Day Schedule 2: Practice 3:45-5:15, study hall 5:30-6:30
* Academic Hours: PLEASE NOTE\*\*\* ALL student athletes are required to complete a minimum of 3 hours at the academic learning center a week!

**Special Events:**

* We will have ***two special night games*** this year. Think Pink night and the annual Senior Night game. More information and flyers to come!
* We will be holding our seasonal ***family dinner*** *n*ight at PAHS! More information and flyers to come!
* All soccer team members will be completing ***community service hours*** throughout the season. ***ALL players must be in attendance for one of our events!***
* ***Academic check in days*** are once a month in the offseason to assure that all student athletes are doing their best with their school work and getting any assistance they need! ***These are mandatory in order to play the following year!***

**Coaching Staff:**

* Mr. Matthew Wechter - Head Coach , Ms. Stepahnie Salvador – Assistant Coach
* Ms. Jayme Sprague – JV Coach, Ms. Elyssa Vega – Assistant Coach

***PARENTS! We need YOU to make this year the best it can be!***

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